

# Could you be a Growing Buddy?

- We're looking for friendly, outgoing volunteers to work with Golding Homes residents to encourage and support food growing on Golding estates.
- You don't have to be an expert gardener, just happy to speak about your experiences and support others to get involved
- Ideally you'll be a Golding resident yourself, if not you'll be committed to improving your local community
- Full training given, ongoing support from a Project Officer and resources from national charity Garden Organic



## One-day Induction Training Course, Maidstone, May 2016

**Interested?** Contact Co-ordinator

Liza Scholefield for a chat

Phone: 07584 474778

Email: [lscholefield@gardenorganic.org.uk](mailto:lscholefield@gardenorganic.org.uk)

